

## CARDIOPULMONARY RESUSCITATION (1-RESCUER) SKILL SHEET (Table V)

For use of this form, see TC 8-800; the proponent agency is TRADOC.

**REFERENCE: STP 8-91W15-SM-TG Task 081-831-0018, Open the Airway; Task 081-831-0048, Perform Rescue Breathing; Task 081-831-0046, Administer External Chest Compressions; and Task 081-833-0158, Administer Oxygen. Source: American Heart Association.**

### PRIVACY ACT STATEMENT

**AUTHORITY:** 10 U.S.C. §3013

**PRINCIPAL PURPOSE:** To insure that test results are properly credited to the correct medic.

**ROUTINE USES:** This information will be used to monitor sustainment training IAW AR 350-41, AR 220-1, and MEDCOM 350-4.

**DISCLOSURE:** Mandatory. Failure to provide the requested information may result in a loss of credit for taking the test and a repeat of the test to make up that credit.

**SOLDIER** *(Last Name, First Name, MI)*

**SOCIAL SECURITY NUMBER**

**DATE** *(YYYYMMDD)*

**CONDITION:** Given a CMVS or ALICE standard packing list and 91W skill sheets. You have encountered an unconscious casualty in cardiac arrest.

**STANDARDS:** The medic must perform all steps (in proper order) necessary to restore breathing and pulse to an unconscious adult until relieved. **NOTE:** Per TC 8-800, the evaluated soldier must score 70% (6 points) and not miss any critical (\*) criteria on skill sheet.

Critical	PERFORMANCE STEPS	Points Possible	Points Awarded
*	<b>Establishes unresponsiveness</b>	<b>1</b>	
	Activates the EMS system (civilian environment); request assistance in a tactical situation	1	
*	Opens airway (head tilt-chin lift or jaw thrust)	1	
*	Checks breathing (look, listen, feel) (if victim is breathing or resumes breathing, places in recovery position)	1	
*	Gives 2 slow breaths (1 1/2 to 2 seconds per breath), watches chest rise, allows for exhalation between breaths	1	
*	Checks carotid pulse. If breathing is absent but pulse is present, provides rescue breathing (1 breath every 5 seconds, about 12 breaths per minute)	1	
*	If no pulse, gives cycles of 15 chest compressions (Rate: 100 compressions per minute) followed by 2 slow breaths	1	
*	After 4 cycles of 15:2 (about 1 minute), checks pulse. If NO PULSE, continues 15:2 cycle beginning with chest compressions	1	
<b>TOTAL POINTS</b>		<b>8</b>	

**START TIME**  
*(HH:MM:SS)*

**STOP TIME**  
*(HH:MM:SS)*

**DEMONSTRATED PROFICIENCY**     **YES**     **NO**

**EVALUATOR GUIDELINES:** Disregard gray row(s) when used with an assessment skill sheet. Use the checkbox column (second column) to check all performed steps. After completion of the skill, award the soldier the points indicated for that step and total all awarded points at the bottom of the column. Indicate if soldier demonstrated proficiency.